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<p style="text-align: center;"><b>Wednesday</b> <b>January 25<sup>th</sup></b> <b>NEW!</b> <b>'Sal's Gal's'</b></p> <p>The first in a new regular monthly walk just for females, offering a leisurely stroll with plenty of chatter and laughs along the way. The first walk will be approximately 3 miles around <b>EYAM</b>.</p> <p style="text-align: center;"><b>£5</b></p>	<p style="text-align: center;"><b>Tuesday</b> <b>February 14th</b> <b>'Sally and the Chocolate Factory'</b> <b>VALENTINE'S DAY SPECIAL!</b></p> <p>Approx 2 ½ mile walk from Castleton with tour, talk and tasters of award winning chocolates at Cocoadance</p> <p style="text-align: center;"><b>£12.50</b> (to include talk, demo &amp; tasters)</p>	<p style="text-align: center;"><b>Thursday</b> <b>February 16th</b> <b>'Bake a Bakewell'</b></p> <p>A town tour and walk around Bakewell which includes tea/coffee + bake your own Bakewell at the famous 'Old Original Pudding Shop'</p> <p style="text-align: center;"><b>£12.50</b> (to include tea/coffee + pudding)</p>	<p style="text-align: center;"><b>Tuesday</b> <b>February 28th</b> <b>'Hydros &amp; Heights'</b></p> <p>Approx 5 mile moderate walk around 'The Matlocks' incorporating tea/coffee &amp; biscuits at the New Bath Hotel and a look at their thermal spa pool</p> <p style="text-align: center;"><b>£10</b> (includes refreshments)</p>
<p style="text-align: center;"><b>Wednesday</b> <b>February 29th</b> <b>'Sal's Gal's'</b></p> <p>A leisurely stroll for females who want to go at a steady pace. Lots of interesting things to see and snippets along the way. This month approx 5 miles featuring <b>WINSTER</b></p> <p style="text-align: center;"><b>£5</b></p>	<p style="text-align: center;"><b>Thursday</b> <b>March 1st</b> <b>'Artisan Amble'</b></p> <p>Approx 3.5 mile walk around Tissington incorporating a visit to <a href="http://www.glass-at-the-barn.co.uk">www.glass-at-the-barn.co.uk</a> for a demo and the chance to make your own decorated coaster.</p> <p style="text-align: center;"><b>£15</b> (includes demo + coaster + p&amp;p)</p>	<p style="text-align: center;"><b>Sunday</b> <b>March 11<sup>th</sup></b> <b>'The Steam Train Special'</b></p> <p>Approx 5.5 miles along part of the Derwent Valley Heritage Way with a steam train ride and town tour of Matlock</p> <p style="text-align: center;"><b>£10</b> (includes steam train fare)</p>	<p style="text-align: center;"><b>Sunday</b> <b>March 18<sup>th</sup></b> <b>'Eyres &amp; Edges'</b></p> <p>A strenuous hike of approx 6.5 miles around Hathersage, North Lees and Stanage Edge with snippets of Eyre facts and features along the way</p> <p style="text-align: center;"><b>£10</b></p>

<p><b>Wednesday March 21st</b> <b>'The Secret Side of the Dove'</b> Approx 3 mile leisurely nature trail walk along a private path beside the Dove looking at flora, fauna, fishes and fossils followed by soup + roll lunch at the Izaak Walton <b>£12.50</b> (includes lunch)</p>	<p><b>Wednesday March 28th</b> <b>'Sal's Gal's'</b> A leisurely stroll of approximately 6 miles. For females who want to go at a steady pace. Lots of interesting things to see and snippets along the way. This month featuring <b>THE MANIFOLD VALLEY</b> <b>£5</b></p>	<p><b>Thursday April 12<sup>th</sup></b> <b>'The Trit Trot Trail'</b> Approx 3 mile walk in the beautiful Hope Valley to include a magical hour long ride on a horse drawn dray + ginger beer and cake! <b>£15</b> (includes ride + refreshments)</p>	<p><b>Monday April 16<sup>th</sup></b> <b>'Cromford Canal Walk'</b> Train ride from Cromford to Ambergate and then walk back (approx 6.5 miles) beside the wonderful Cromford Canal to see flora, fauna and hopefully some voles. <b>£10</b> (includes train fare)</p>
<p><b>Sunday May 6th</b> <b>'All Fired Up &amp; Raring to Go!'</b> Approx 5.5 mile heritage walk around Cromford, Cromford Canal &amp; High Peak Trail including a visit to Leawood Pumphouse which will be fired up and operating. <b>£10</b></p>	<p><b>Thursday May 10<sup>th</sup></b> <b>'Captivating Casterne'</b> Approx 8 mile moderately strenuous walk around Dovedale and the Ilam Estate incorporating an exclusive tour of Casterne Hall (tucked away hidden gem!) <b>£15</b> (includes tour)</p>	<p><b>Sunday May 13<sup>th</sup></b> <b>'The Ecton Experience'</b> A choice of either a 3 or 8 mile walk in the Manifold Valley with underground and overground tour of the former Ecton Copper Mine + lunch <b>£15</b> (includes tour + lunch)</p>	<p><b>Friday May 18<sup>th</sup></b> <b>'Come &amp; Dine with me and the 9 Ladies!'</b> A picnic walk of about 2.5 miles around Stanton Moor, each person being provided with a little bag of local produce to eat at the Nine Ladies stone circle <b>£15</b> (includes picnic lunch)</p>

**For further information on any of the above walks  
including where to meet, starting times, parking  
information and how to pay, please contact Sally Mosley  
Guided Walks on 01629 814108 or 07989 622692 or  
send an email to [mail@sallymosley.co.uk](mailto:mail@sallymosley.co.uk).**